

ADULT DAY CARE AT REFLECTIONS



An Ideal Resource to Help You Care For a Loved One with Memory Impairment



The Help, Care and Flexibility You Need

If you are looking after a loved one who is showing early signs of Dementia, Alzheimer's Disease or some other memory-related impairment, the pressure to balance

your life and their care can often be overwhelming. Perhaps you can no longer leave them at home for fear they may wander and forget their way back; fall down or hurt themselves and not know whom to call; or cook and leave the stovetop on. Maybe you are the spouse or the adult child, and you feel the task is stretching beyond your skills and limitations. It's affecting your job. It's stressing your health. It's impacting the entire family.

The Bristol at East Northport offers a smart, flexible, mid-step alternative that could be the right solution... the Adult Day Care Program at our community.

The Same Proven Program – Now In a Day's Stay

Participants in the Adult Day Care Program of The Bristol at East Northport receive the same exceptional, highly trained care as do all other Reflections residents of The Bristol – the only difference is they don't live there full time. You bring Mom or Dad in the morning and pick them up in the afternoon, which frees your day to handle everything else that goes on in your life.

A typical day of Adult Day Care at Reflections will consist of lunch and a snack, full integration into the Reflections community, and participation in a program complete with exercises, interactions and therapeutic activities – all designed to enhance memory skills and improve quality of life. Participants engage with our loving staff of senior care experts; they benefit from social stimulation with other residents; they are monitored for wellness throughout the day and are administered any scheduled medications they require; and, at all times, they feel safe, welcomed, purposeful and loved – exactly what they need most.

Available Programs at East Northport

The following programs and schedules are available at The Bristol at East Northport to help you care for your memory-impaired loved one. Fees will differ per program, so be sure to consult with one of our representatives to determine which program works best for your family. Note: Transportation is not provided.



Standard Day Program

9:00 am to 5:00 pm

Monday – Friday

Meals Include: lunch & afternoon snack



Early Day Program

7:00 am to 5:00 pm

Monday – Friday

Meals Include: continental breakfast, lunch & afternoon snack



Late Pick-Up Day Program

9:00 am to 7:00 pm

Monday – Friday

Meals Include: lunch, afternoon snack & dinner



Extended Day Program

7:00 am to 7:00 pm

Monday – Friday

Meals Include: continental breakfast, lunch, afternoon snack & dinner

Ask about weekend availability

For More Information...

To speak to someone regarding the Adult Day Care Programs available in Reflections at The Bristol in East Northport or to learn more about The Bristol Reflections program as a whole, please contact us at 631.858.0100 or visit thebristol.com.

Come take a tour and see what a difference a little caring help can make!